



Lunch

The Soup 9

Please ask about today's selection. Served with bread & butter.

Soup & Sandwich 20

Ask your server for today's selection.

Tomato, Vegetable & Chickpea Salad with Feta Cheese 20

with chicken or tofu 25

Kalamata olives, jammy egg, Soleil's Farms mixed greens and herb vinaigrette. Served with bread & butter.

Mediterranean Seafood Chowder 17 GF & DF

A rich tomato pesto broth with fish, Newfoundland shrimp and PEI mussels, garnished with a roasted red pepper garlic rouille. Served with bread & butter.

Steamed PEI Blue Mussels 1 lb. 18

Choose a style: Classic Provençal with tomatoes, herbs, butter and white wine (GF) OR spicy Asian-style broth with garlic, fresh lime, ginger, cilantro and Indonesian soy sauce (DF).

Lobster & Leek Quiche with Salad 26

PEI lobster & aged white cheddar with herbs, leeks and cream.

Vegetable Flatbread & Salad 23

Local tomatoes, mushrooms, greens and herbs with Garden Isle Mozzarella & Feta Cheese. GF & Vegan upon request.

Chicken Vegetable Alfredo 23

Creamy Penne pasta, seasonal vegetables and herbs, Parmesan cheese and topped with fresh tomato salsa. GF upon request.

Vegetable Fish Curry with Basmati Rice 23

Medium-spice with coconut milk, white fish, carrots, red peppers and greens. Finished with cilantro and green onions.

Marché Pie or Quiche with Salad 23

Check out our Marché fridge and make your selection.

Please inform your server of any food allergies or intolerances when ordering.

White Wine

	5 oz	8 oz	½ litre	Bottle
Sartori Arco dei Giovi Pinot Grigio, Italy	10	14	26	42
Cave Spring Niagara Peninsula Riesling, Canada	12	16	31	50
Wolf Blass Yellow Label Chardonnay, Australia	11	15	29	46
Villa Maria Sauvignon Blanc, New Zealand	13	17	35	54
Island Honey Wine Wildflower Mead (500 mL), P.E.I.				36

Sparkling

Sartori Prosecco Spumante Brut Erfo, Italy	10			44
La Marca Prosecco Rose DOC, Italy				56

Red Wine

	5 oz	8 oz	½ litre	Bottle
Woodbridge by Robert Mondavi Merlot, USA	10	14	25	42
Don David Malbec, Argentina	12	16	30	50
Cono Sur Organic Cabernet Sauvignon Carmenère, Chile	10	14	25	42
Pelee Island Pinot Noir Reserve, Canada	11	15	28	46

Local Beer On Tap 9

Upstreet Commons Pilsner, Upstreet Go Devil IPA, Moth Lane Red Dirt Road Red Ale, Moth Lane Shits and Giggles Light Lager

Local Bottled Beer & Cider 10

PEI Brewing Company • Gahan Vic Park Pale Ale

Upstreet Craft Brewing • Rhuby Social Witbier, Do Gooder APA

Copper Bottom Brewing • Ken's Stout

Lone Oak Brewing Co • Hollywood West Coast IPA

Red Island Cider • Father Walker's Dry Cider

Bottled Beer Domestic 6

Coors Lite, Canadian, Keith's

Non-Alcoholic Refreshments 3

Coffee • Samuel's Smooth Dark Roast Blend Coffee

Tea • Red Rose Tea, herbal teas (ask your server about tea selection)

Juice • Orange, apple, cranberry, tomato and Clamato

Soda • Pepsi, Diet Pepsi, 7 Up, ginger ale, tonic and soda water

Non-Alcoholic Beer 6

Upstreet Libra Pilsner,
Upstreet Libra Lime Lager

Bottled Beer Imported 7

Corona, Stella Artois