

# Lunch

## The Soup 8

Please ask about today's selection. Served with bread & butter

### Local Mixed Green Salad 15 GF DF

Soleil's Farm sweet and delicious greens with vegetables and our famous Mill honey mustard dressing. Served with bread & butter

## Soup & Sandwich 19

Ask your server for today's selection

#### The Marché Salad 15

Choose from one of our Marché salads. Served with local Soleil's Farm mixed greens

#### Mediterranean Seafood Chowder 16 GF & DF

A rich tomato pesto broth with fish, Newfoundland shrimp and PEI mussels, garnished with a roasted red pepper garlic rouille. Served with bread & butter

#### Steamed PEI Blue Mussels 1 lb. 15

Choose a style: spicy Asian-style broth with garlic, fresh lime, ginger, cilantro and Indonesian soy sauce (DF) or classic Provençal with tomatoes, herbs, butter and white wine (GF)

## Chicken Pot Pie & Salad 19

A classic with carrots, mushrooms, peas, pearl onions and summer savoury in a creamy velouté sauce between layers of flaky pastry

# Lobster & Leek Quiche & Salad 24

PEI lobster & aged white cheddar with herbs, leeks and cream

# Moroccan-style Vegetable Stew 18 GF

Vegetables and chickpeas simmered with Moroccan spices and served with Basmati rice.

Garnished with raisins, toasted almonds, yogurt and cilantro. DF & Vegan without the yogurt

#### Lamb & Feta Meatballs 19 GF

PEI lamb and feta cheese with ground almonds, oregano and mint served in our classic tomato marinara sauce and basmati rice. Garnished with Parmesan cheese

Please inform your server of any food allergies or intolerances when ordering

White Wine	5 oz	8 oz	½ litre	Bottle
Sartori Arco dei Giovi Pinot Grigio, Italy	9	13	25	40
Cave Spring Niagara Peninsula Riesling, Canada	11	15	30	48
Wolf Blass Yellow Label Chardonnay, Australia	10	14	28	44
Villa Maria Sauvignon Blanc, New Zealand	12	16	34	52
Island Honey Wine Wildflower Mead, PEI				34
Sparkling				
Sartori Prosecco Spumante Brut Erfo, Italy	10			40

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La Marca Prosecco Rose DOC, Italy		54

Red Wine	5 oz	8 oz	½ litre	Bottle
Woodbridge by Robert Mondavi Merlot, USA	9	13	25	40
Don David Malbec, Argentina	11	15	30	48
Cono Sur Organic Cabernet Sauvignon Carmenère, Chile	9	13	25	40
Pelee Island Pinot Noir Reserve, Canada	10	14	28	44

## **Local Beer On Tap** 9

Upstreet Commons Pilsner, Upstreet Go Devil IPA, Moth Lane Red Dirt Road Red Ale

### Local Bottled Beer & Cider 9

PEI Brewing Company • Gahan Vic Park Pale Ale

**Upstreet Craft Brewing • Rhuby Social Witbier, Do Gooder APA** 

Copper Bottom Brewing • Ken's Stout

**Lone Oak Brewing Co ·** Hollywood West Coast IPA

**Red Island Cider •** Father Walker's Dry Cider

## Non-Alcoholic Beer 5

Upstreet Libra Pilsner

#### **Bottled Beer Domestic** 6

Coors Lite, Canadian, Keith's

# **Bottled Beer Imported** 7

Corona, Stella Artois

## Non-Alcoholic Refreshments 3

Coffee • Samuel's Smooth Dark Roast Blend Coffee

**Tea •** Red Rose Tea, Herbal teas: Higgins & Burke lemon, peppermint, Earl Grey, chamomile, lemongrass green

**Juice** • Orange, apple, cranberry, rhubarb, tomato, Clamato

Soda • Pepsi, Diet Pepsi, 7 Up, ginger ale, tonic and soda water

## **House-made Refreshments** 4

Lemonade | Citrus iced tea | Samuel's Smooth Dark Roast Blend iced coffee